

My Life History



By William Hayes RMN, BA, FID, FCIM

Preface

Hello, my name is William Hayes 'Liam' to my friends and people who know me well. This text is a preface and an update to my writings that I have done in the past. It forms part of four Web posted Pdf scripts.

As part of the approach and celebration of my 70th Birthday. I have and am taking the opportunity to update my previous writings that I published in 2006 in my book ' AHA My Life' English Heart Irish Blood. A book of poems, writings, illustrations and pictures. I am amending the book into four scripts containing some elements of the original book, but with amendments to my life that was not captured in the original book and with some additions to highlight new friends and acquaintances.

The four scripts are not planned to be formally book published; they are to be presented on my Book Website; <https://aha-williamhayes.co.uk/> as a downloadable Pdf copy for you to read and or print. There are Internet links to other sites providing more information, these are highlighted and connected in the usual way in underlined blue text with a link forwarding on. Some pictures will also have a link associated with them.

My disclaimer must be that I cannot accept any responsibility for any errors of text or of misdirection of the links. However, if you do find an error of misdirection, could you please e-mail me with the information, and I will try to update.

There being no copyright protection, allowing you to freely distribute and use my content, other third-party content may differ in relation to restrictions posed, please check their copyright status. This applies to the website and these Book(s) 1, 2, 3, and 4.

Book 1: My Life History

Trying to capture 70 years of history is difficult at 69 years old, trying to remember things is not as easy, as there is a lot of information and experience to collate. And a lot of water has past under the bridge(s) along the River Nore, Thames, Colne and the River Don.

Book 2: Poetry

My original book contained circa 70 poems. I've taken the best as I feel now and added some more as part of the update, again these are to be presented on the Website as part of a downloadable Pdf copy under the same copyright application.

Book 3: Leadership

Something that I have found in my life, the most important aspect of it, is to have leadership. Without it we are lost in the path of life's journey. This is not currently on my website but will be added giving additional information to the book 4 title below. Information that may be used freely, again still under the banner of no copyright. This may be amended should you feel it needs presenting by you in a different format.

Book 4: Legitimate Democracy

Forming an element of book 3: Leadership. This needs to be supported by a Legitimate Democracy. Without it, things will never be allowed to change.

Legitimate democracy is a system approach that is accepted as being a valid, fair, and representative by its citizens and the international community. It ensures that the government has the rightful authority to rule and the decisions are respected and followed.

It also involves a deeper commitment to the following principles; Fairness, Transparency, Accountability and the protection of Fundamental Rights.

Introduction

Wednesday April 20th, 1955. At first it may not seem a very auspicious occasion, but actually a very special day for me and of course my family and as the years rolled on my friends. This date is special as it was the day I arrived on this mortal coil so to speak. The day I was to start my journey, for at present as I write this update, celebrating a 70-year path. I was one of 11 children, 6 boys and 5 girls.

I obviously wasn't aware of the happenings on that day, but as they say, 'On This Day in History':

After twelve hours of debate in the Australian Victorian Legislative Assembly on Henry Bolte's motion of no-confidence against the Labor government of John Cain in the Legislative Assembly, eleven members who had been expelled from the Labor Party crossed the floor to support Bolte's motion. With his government defeated, Cain obtains a dissolution of parliament later that day.

George Walbridge Perkins, Jr. replaces John Chambers Hughes as United States Permanent Representative to NATO.

Svante Pääbo, was born an evolutionary geneticist, Nobel Prize laureate, in Stockholm, Sweden. In 2022, he was awarded the Nobel Prize in Physiology or Medicine "for his discoveries concerning the genomes of extinct hominins and human evolution".

Emiah Emerson was a celebrated American playwright known for her thought-provoking and socially conscious works.

Maebel Eriksson was a respected Swedish politician who served in the national parliament for over a decade.

Hameed Kashmiri is a prominent Pakistani playwright who has written several acclaimed plays exploring social and political themes.

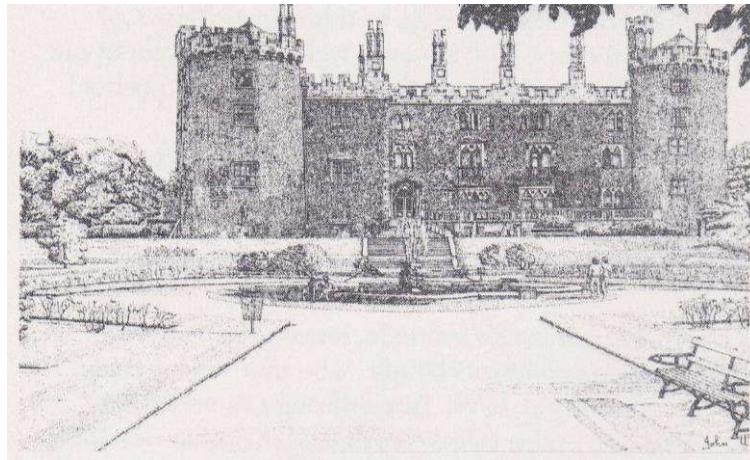
Kennet Olsson is a Swedish businessman and philanthropist known for his contributions to various charitable organizations.

William Hayes RMN, BA, FID, FCIM

RMN...Registered Mental Health Nurse. BA...Bachelor of Arts. FID...Fellow of the Institute of Directors. FCIM... Fellow of the Chartered Institute of Management

There seems to be a twist of fate for me on this date of my birth obviously the stars were aligned for my travels in life, a little more information will follow later in this text.

My Home (First)

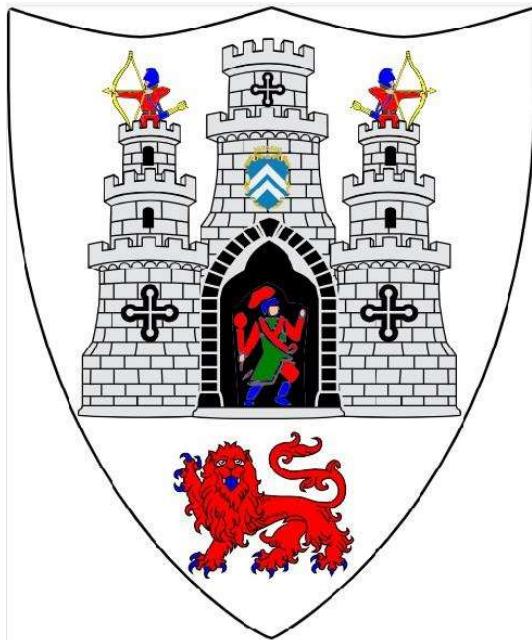


My first home in Newpark Kilkenny is where we must start. My name is William Hayes, 'Liam' to those who know me well. Kilkenny, a City in the Republic of Ireland it's nickname 'The Marble City' and my first home.

Kilkenny Castle Gardens, John Walsh 1982

<https://en.wikipedia.org/wiki/Kilkenny> situated in the Nore Valley on both banks of the River Nore, at the centre of County Kilkenny in the province of Leinster in the south-east of Ireland. It is 117 kilometres (73 mi) away from the capital Dublin. And between 1951 and 1956 the population was 10,572, increasing to 12,328 would I have been the 12,000? who knows.

I schooled seven years with the St John's De La Salle in Kilkenny, a boy's catholic primary school under the Patronage of the Diocese of Ossory.

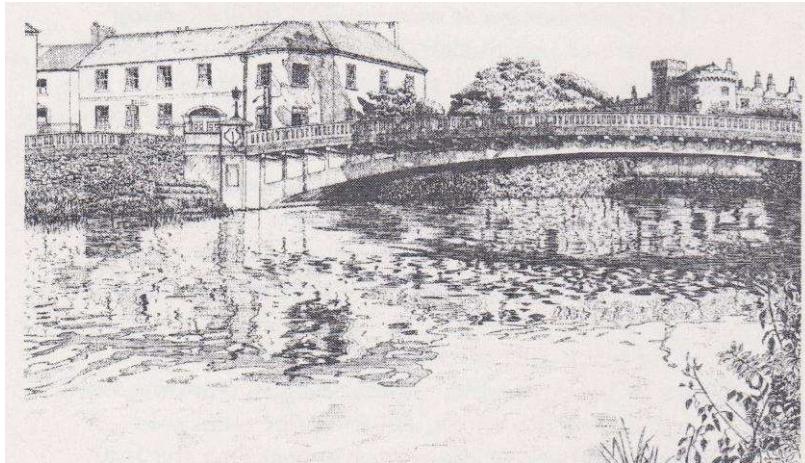


Coat of Arms; Johnny97 - Own work, CC0, <https://commons.wikimedia.org/w/index.php?curid=11251952>

I then attended the City Vocational College or “The Tech”, as we knew it. When I was about 12 years old, I was inspired by three wonderful female teachers, who were keen and dedicated educationalists. They I feel inspired me to write poetry.

I loved to listen to story-tellers on the radio and television, those tales and skills fascinated me. I began writing about various things in my life and kept these writings in an old school copy book. Enjoying putting ideas and thoughts into verse, I found this helped me cope with the trials and tribulations of growing up and understanding the world around me. Distraught when I lost this book in the 1980s with all my writings in it. I did not write again for some 20 years. But I continued to record things by writing them down.

As a child I'd explore my hometown and along the river. My first memory of the River Nore as a youngster was walking its banks looking for the place where it ended. I could not find the end; it just seemed to go on and on. So, I turned around after what seemed an age and went back in the opposite direction to seek the place where the river started. That week I found neither, so I concluded it was circular as I could not find a beginning nor an end. Strange how the young mind works.



St John's Bridge and Kilkenny Castle, John Walsh 1982

I discovered more of the history of my home city when I used to escort visiting relatives from abroad about the place. I was always curious about history, buildings and people. I also found it remarkable that so many people, including me, who lived in a place seem to know so little about its history. Ever since, I have been an ambassador for Kilkenny, also St Albans and Doncaster, the three places where I have lived most of my life and loved most.

I left school at 15 and trained and qualified as a Commis Chef, completing a combined course at the Regional College and the Ardree Hotel, in Waterford Ireland. The hotel now derelict after a fire in 2005. This was a residential position due to the long shifts I worked.

My Home (Second, St Albans)

In 1973 at 18 years old, I emigrated to England and started work as a nursing auxiliary at Napsbury Hospital, London Colney, St Albans in Hertfordshire, becoming a student nurse in the same year and qualified in 1976. [Napsbury Park, formerly Middlesex County Asylum | Historic Hospitals](#)

I was promoted soon after qualification to become the youngest Charge Nurse in England at that time, an achievement I have always been proud of. Promoted several times and eventually became a Chief Nurse in central London within the Riverside Health Authority. During the 1970s was an elected Parish and District Councillor for London Colney in St Albans.

We married, Irene and our first son John was born in November 1981. Our first family home was at North Cottages Napsbury, London Colney, Hertfordshire, our second son Peter was born in April 1984.

All this and running a pub with other family members 'The Peacock'.

Our second family home was at Sandpit Lane, St Albans.

On the 11th of December 1992 I was awarded a Bachelor of Arts by the Open University, after 8 years of distance learning at home and summer schools at various University's, Cambridge University, my favourite place to study and visit. On the 5th May 1995 I was admitted as a fellow (FCIM) of the Chartered Institute of Management, and on the 19th of June 1997 I was elected as a fellow (FID) of the Institute of Directors.

Whilst learning the roles and status in the nursing profession I still managed to find time for my passion in sports, particularly football and Rugby Union, for a while coaching the Napsbury Hospital football team.

After 22 years in October 1995 holding the position;

Deputy C.E.O/ C.N.O./Director of Operations/ Chief Nursing Officer at the Riverside Mental Health Trust in London. I applied and was successful for the Chief Executive position at the Doncaster Healthcare Trust.

My Home (Third, Doncaster)

From 1995 our Third was at Dursley Court Auckley, Doncaster.

And early 2000's onwards our family home was The Old Vicarage, Main Street Auckley, Doncaster, Yorkshire.

Appointed as Chairman of the Governing Board at Doncaster College in 1998; with the then Governing Board and senior College management I led many major changes, including the creation of a new strategy to create a university in Doncaster.

My final promotion and last post within the NHS were as Chief Executive in Doncaster, Yorkshire. A position with many challenges and rewards.

I retired from the NHS in January 2004, although I did some consultancy work for a couple of years.

The Retreat

The Retreat in York, England, was a not- for- profit Hospital. Originally located to the southeast of the historic York city centre on The Heslington Road Estate. The site lying adjacent to the University of York's main campus to the east, with Walmgate Stray to the south. I was fortunate to be professionally associated with it and its fine staff for many years. It has now been relocated to a new site not far away providing outpatient care. The Tuke Centre, Green Dykes Lane, York <https://theretreatclinics.org.uk/>

On a personal basis in 2003, during the latter period as Chief Executive I had been working under considerable pressure and stress for several years previous to that. I had suffered physically, through an industrial accident in my early career, injuring my back which partially but permanently disabled my left leg and affected other joints subsequently, causing further disability.

I loved my job and loved my career. However, the bigger the challenge the harder I worked. I was blind to the damage it was doing to me and the effect it was having on my loved ones. By December 2002, I was suffering badly; I was physically and mentally exhausted. Throughout my NHS career I had pursued the right ideals and worked tirelessly with some outstanding colleagues to improve the lives for vulnerable people.

The longest -serving Chief Executive in the area at the time, I had led the organisation over some ten years from relative obscurity to become one of the top ten of its kind in the country. The patients, staff and carers have had the benefit of improvements that were made year on year by my colleagues and me. Long may they continue to do so. The pressure on staff and carers is relentless, they deserve better, and they deserve the best.

In my heart and mind, I always knew right was on my side. However, I had fought too many battles, on too many fronts, for far too long and this had taken its toll.

With the help of close family and friends I moved on to a different life, one chapter in my life closed and a new one began. I now have no regrets.

To my family and friends, to the staff at the Retreat, I owe my life. I found love again, I found kind people again, and I found my writing and poetry, my salvation. I had my life again; I was able to move on and be me.

With the help of some excellent professionals, also some very dear friends and loving family, I survived, I found peace and have moved on. I now have no regrets, no need to explain or complain, and look forward to helping others as best as I can.

Most of my thoughts and writings were rediscovered during 2002-2005 when I was laid up at the Old Vicarage and in the Retreat in York.

Due to a cocktail of drugs and other limitations, I was only functioning at about 40-50%.

To those who suffer physical disability and have suffered mentally, I have great empathy and share with you through my thoughts.

I live my life in accord with the values and principles of ‘Altruism’.

And have been very fortunate to have lived many a dream and been privileged to meet so many wonderful people on the way.

By being themselves, so many people make a difference to other people’s lives; often without them knowing it.

In 2006, ‘AHA My Life’ English Heart Irish Blood. Was the published book title of a tale of my Life through poem.

“AHA” is a saying I use a lot to acknowledge understanding of others in conversation, one I also use to acknowledge a new idea. It was also part of the business title I founded.

“English Heart” is in recognition of a great country, England, and its great people who took me in and gave me so much.

“Irish Blood” is in recognition of the great country of my birth, Ireland, especially my first home in Newpark Kilkenny.



WILLIAM HAYES

CHIEF EXECUTIVE OFFICER. NHS/Retired.

Summary

A former successful NHS CEO and independent businessman. Lectured on Leadership, Management, Organisational development at various Universities in London, Yorkshire, Portugal, USA, China, Vietnam.

Currently an Entrepreneur and Philanthropist and an accomplished Writer, Poet and Historian. In 2016, completed 5 years as a volunteer in the Turkey/Syria conflict and helped to rescue and resettle, mainly vulnerable, women, children and young adults. I now focus on my family, travel, being and being a mentor for students wishing to study in Further and Higher Education.

Credentials

Registered Mental Nurse. R.M.N.	1976
Bachelor of Arts Degree. B.A.	1992
Fellow Chartered Institute Management. F.C.I.M.	1995-2010
Fellow Institute of Directors. F.I.D.	1997-2010

Experience

NURSING OFFICER. N.O. NHS-LONDON.	1977-1979
SENIOR NURSING OFFICER. S.N.O. NHS-LONDON.	1979-1982
DEPUTY C.E.O./ C.N.O. / DIRECTOR OF OPERATIONS	
NHS-LONDON	1982-1992
CHIEF EXECUTIVE OFFICER. C.E.O. NHS-YORKSHIRE.	1992-
2004	

Education

Barnet College Nursing Student Nurse	1973-1976
Cambridge University/Open University.	
As a mature student.	1984-1992

Affiliations

General Nursing Council.	1976-2010
Chartered Institute of Management.	1979-2010
Institute of Directors.	1982-2010

Community Service

Elected District Councilor.	1977-1982
Rotary International Member.	1990-2010
Chair of Govenor's University College Doncaster	1998-2005
Independant Overseas Refugee Volunteer.	2010-2016
International Student Exchange Host/Sponsor. (Ongoing)	

Independent Business Owner.	1985-2010
Writer Historian and Poet.	2000-Ongoing
Written and published own book. Author of several National Confidential Inquiry reports into Homicides and Suicides.	